Bereavement Support Hub

Although grieving after a loss is different for everyone, it may help to talk to others who are experiencing the same thing. The 'Bereavement Hub' offers participants the opportunity to share their thoughts, tips on coping and support each other in an informal and sociable setting.

What's available?

- * Tea/coffee and company
- * Advice and support
- * Access to other services, if required
- * One-to-one chat, if required



For more details contact: Marie Rice on 0151 291 8026



