

## **Community Services**



September 2010

### **Services Available**

- **Mow and Grow**
- **Bus Shop**
- **Shopping Squad**
- **Kitchen Blitz**
- **Handyman Scheme**

## The Reason for the Services



A few years ago, the Feelgood Factory consulted some of the older and more vulnerable people in the community to ask if we were to deliver services to them, what type of services they would like. Most of the suggestions were for practical help, such as gardening and a handyman service.

People in the community were prepared to pay a contribution towards services, as long as the services would be reliable and of good quality.

This helped the Feelgood Factory to develop its present services.

There is a maximum charge of £10 for the services except the shopping services which are £5.

All staff have a Criminal Records Bureau (CRB) check

Staff have been trained and are skilled in their area of work.

Appointments will be made prior to any visit.

All staff will have identification badges.

If you have any queries or concerns please contact :-

**Marie Rice**

**0151 291 8026**



## Mow and Grow

Eddie Murphy is the Feelgood Factory's gardener and he coordinates the gardening scheme.

Firstly, Eddie will look at your garden to see how much work is needed to get your garden to maintenance level, and he will give you a price for doing this.

Once your garden is at maintenance level, the contribution will be £6 per session.

You will be able to arrange with Eddie how often you would like your garden done.



# Bus Shop



This is one of our great new services.

- ◇ If you struggle packing or carrying your bags
- ◇ Do you prefer to do your own shopping
- ◇ If you can't get to the supermarket by yourself
- ◇ If you prefer to remain safe but independent

We will collect you from your home and take you to the supermarket.

Assist you with your shopping if you need it.

Arrange a time to collect you and take you home.

Carry your shopping in to the house for you.



## Shopping Squad



Do you have a disability?

Are you unable to get to the supermarket for your shopping?

Do you have difficulty carrying your bags?

Don't want to ask family to help

**Let our shopping squad take the strain!!!**

We have a team of 6 volunteers who will go to ASDA supermarket, pick your shopping for you and deliver it to your home.



## Kitchen Blitz

Are you a carer and don't have time or the energy to clean your kitchen?

Are you older or have a disability which stops you from bending down to clean your oven, fridge or floor?

**We will come and do it for you**

A team of two volunteers will come into your kitchen and give it a spring clean.

We don't use harmful chemicals, just steam, antibacterial spray and lots of elbow grease!!!



## Handyman



Are you older or vulnerable with a disability?

Do you find it difficult to do small jobs around the house?

Don't want to bother your family?

Want to stay independent.

Wally our handyman will come and do it for you.

We will do small jobs such as :-

- ◇ Putting up shelves
- ◇ Curtain Poles
- ◇ Washing Lines
- ◇ Fixing door locks
- ◇ Replacing tap washers

**Invest in your community, by volunteering  
some of your spare time, and feel good  
about yourself.**

**Do you have time to make a change?**

**Have some fun**

**Make someone smile**

**For more information on volunteering contact**

**Marie Rice on**

**0151 291 8026**

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